

THE EDNA HOUSE NEWSLETTER

Celebrating 20 Years of Edna Healing

Together, we have ensured access to safe, supportive, recovery programming and longer term residential housing. Our standard of care is trauma informed, inclusive and culturally responsive.

We offer:

- Safe, sober, residential programming
- Access to healthcare and trauma therapy
- Job training and professional development with meaningful employment

As long as you have the willingness and desire to be sober, we will help you heal from Substance Use Disorders, in a safe, sober, residential environment. To join the Edna sisterhood:

Call 216-281-7751 and ask for an over the phone interview.

Our Impact Since 2004

- 1,700+ Women started on the road to recovery
- 7,300+ Nights of sober, supportive housing
- 14,600+ Meals served

Recovery doesn't make all problems and consequences go away, but it begins a process of healing and hope, to get past the challenges of addiction. At Edna, we celebrate this win, and with a supportive staff, and strong, sober support and foundation built, no problem will ever be bigger than the community created over the past 20 years

Edna alumnae are our greatest sense of pride, and they continue to surround our residents and give them the hope found in recovery and experiences that show them that LIFE in recovery can be meaningful, beautiful, and fun



At The Edna House, LIFE is restored!

A Letter From the Executive Director



our commitment to making a positive impact in our community while advancing the mission.

I would like to extend my sincerest gratitude to the hundreds of alumnae and volunteers whose unwavering dedication breathes life into our organization, ensuring its continued growth and impact. Your selfless commitment and tireless efforts embody the spirit of community and service that lies at the core of our organization.

Dear Friends,

As we celebrate the remarkable milestone of our beloved Edna House organization reaching its 20th year, it is imperative to pause and honor the visionaries who laid the foundation for our journey. The founders, with their unwavering dedication and pioneering spirit, continue to guide us today and their foresight, passion, and tireless efforts have ensured our mindful growth.

Equally deserving of recognition are the countless individuals who have served as staff members and Board Members, all who have devoted their time and talents to advance our cause. Together, they have upheld

And to our valued donors, who have believed and invested in the ideas and leadership of Edna. A profound difference has been made because of your invaluable contributions. Your generosity allows women to heal at Edna in mind, body and spirit.

At The Edna House, we believe in empowerment, we believe in second chances, and we believe in the power of recovery. We believe it because we see the miracles firsthand. Thank you for helping us start over 1700 women on the road to recovery over the past 20 years!

With Gratitude,

Jenn Lasky



Pictured here are The Edna House founders: Nancy O, Debbie O, Jane B and Erin.



Save These Dates!

Christmas In July
Thursday,
July 25, 2024
4 pm- 7pm
Located on The Edna Campus



Recovery Race
Saturday,
September 28, 2024
9am
Located at Edgewater Park



A Joyous St. Patrick's Celebration

The atmosphere buzzed with anticipation as the UAW Hall became a hub of excitement on the memorable night of March 16, 2024, marking our annual St. Patrick's celebration. Joyous laughter and cheerful chatter filled the venue, echoing the community's unwavering support for The Edna House. Nearly 700 individuals streamed through the doors, transforming the fundraiser into a powerful symbol of unity and support. Among the diverse crowd were families of both current and former residents, dedicated board members and staff, as well as esteemed representatives from foundations and fellow nonprofit leaders, all united in honoring our noble mission.

The success of the evening wasn't just measured in the funds raised, but in the spirit of unity and dedication that permeated every corner. A poignant moment unfolded as special recognition was bestowed upon our esteemed four founders and Jack Mulhall, honoring their tireless dedication and visionary leadership. Over two decades ago, their unwavering resolve laid the foundation for a sanctuary where women could seek recovery from substance abuse, regardless of their financial means. Their legacy continues to inspire and uplift, a testament to the enduring impact of their noble endeavor.

The spotlight then turned to the alumnae, who were asked to come to the stage. With a sense of reverence, our beloved alumnae took their place in the spotlight, each step a testament to their journey of resilience and triumph. Faces radiant with pride and gratitude, they represented the living embodiment of hope, healing and transformation. A wave of emotion swept through the audience and then, in a spontaneous eruption of admiration and respect, a thunderous standing ovation ensued. It was a moment of profound acknowledgment as the collective hearts of all present swelled with admiration for these women and the indomitable spirit they embodied.

As the night drew to a close, hearts were full, hugs were given and tears of joy were shed, all as a testament to the profound impact our organization has within the community. With gratitude in our hearts and renewed vigor, we march forward, empowered by the boundless loyalty and support of those who believe in our mission.



Honoring the Backbone of Our Community – Volunteers

Volunteers are the backbone of The Edna House, infusing it with dedication, and a profound sense of purpose. Their tireless efforts, selflessly given, are an important part of the foundation upon which our mission stands. From facilitating groups, giving rides to AA meetings, or lending a helping hand at fundraisers, our volunteers embody the essence of community spirit. Without their invaluable contributions, our organization would simply not be able to fulfill its mission.

Additionally, we recognize the pivotal role that obtaining a GED plays in an individual's life. It opens doors to higher education, better career opportunities, and enhanced personal development. However, navigating the path to GED



Top: GED Tutors Kate, Ann and Barb; **Bottom Left:** Robin and Penny, longtime facilitators. **Bottom Right:** Life and Wellness Coach Pam, with her family.

attainment can be daunting without proper guidance and support. That's where our volunteer tutors' step in as invaluable assets. Their commitment to our GED program not only provides essential academic assistance but also fosters a nurturing environment where learners feel empowered and encouraged to succeed.

Lastly, at least 10 professionals volunteer and contribute their skills to enrich the Job Skills Training and Development program while providing invaluable mentorship and guidance to the women as they:

- create email accounts to establish a digital identity and communicate with employers,
- explore different trades to open new career opportunities,
- create professional resumes and learn how to carry out employment searches,
- establish a savings or checking account and begin saving for when they leave the program,
- learn what their credit scores are and how to improve them, and
- learn both interviewing skills, and basic office skills.

Every hour volunteered and every task undertaken is a testament to the unwavering belief in our cause. In essence, they are not just volunteers, they are the heartbeat of our nonprofit, driving us forward with their compassion and dedication.

I Am an Edna Alumna

Dear Jenn,

I was just laying here reflecting this morning and I wanted to reach out and give you an update on my recovery and how much impact The Edna House has had on my life. Jenn, my life is incredible 🥰❤️. I truly returned home strong, confident, employable, honest, trustworthy, kind, helpful and free from a hopeless state of mind and body.

I have the same job today that I got 3 weeks after being home from Edna. I work through a healthcare agency, and I also pick up shifts PRN, so I have two jobs. I get to help people.

Although I live in Missouri, I am still in Sharon G's sponsorship group chat, and I talk to these woman every day. I'm also in my first sober and healthy relationship, and he trusts me with his children.



Tasha and daughters showing their pride and appreciation wearing Edna gear!



Tasha credits her mom for getting her to The Edna House which she says saved her life.

I have amazing relationships with my family, and the relationships I have with my daughters is just the most beautiful thing in my life. I learned how to be a good mom from women in AA, and I met these women during my stay at Edna. I am able to pass on the life skills I learned while at Edna to my kids. I'm kind to my mother and she's proud of me. I never thought I could get sober.... Edna was my 5th rehab.... and I haven't had a drink since. My sobriety date is December 16, 2021. THANK YOU EDNA HOUSE!!

Forever Grateful,
Tasha

Receiving a letter from an alumna whose life was saved by our organization reaffirms the purpose behind our work and the impact it has, not only on the woman, but her family. This message serves as a source of validation and motivation, knowing that our efforts have not only helped someone survive, but thrive beyond their circumstances. It's a testament to the power and transformative potential of our organization's initiatives.

Jenn Lasky

The Edna House for Women Board of Directors 2024

Officers

Erin Becker – Chair
Co-Founder of The Edna House

Michael Naughton – Vice Chair
President, Integrity Energy

Beau Bonner - Treasurer
Director, StoveGuard

Judi Amicone – Secretary
Clinical Supervisor, SUD Services

Members

Peter Anagnostos
Non Profit Specialist and Consultant

Treg Balding
COO, Centro Benefits Group, LLC

Jane Bennett
Co-Founder of The Edna House

George Blaha
CEO Boli Group

Carrie Clark
Director of Marketing and Business
Development, Tucker Ellis

Bill Dillingham
President, Buckeye Business
Products

Liz Wilson
Tipa Collective Luxury Salon



You're Invited

Please join us to tour
The Edna House Campus and
learn about our life-saving services.

Wednesday, May 15th

Tuesday, June 11th

Tuesday, Aug. 6th

Wednesday, Sept. 18th

& Thursday, Oct. 24th

Tours begin promptly at 9 a.m.

All are welcome.

2007 West 65th Cleveland, Ohio 44102

Tours given by
The Edna House Staff



Check us out at Ednahouse.org. Like us on Facebook & follow on Instagram for event notices!

THE EDNA HOUSE
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Cleveland, OH 44102

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